

ATTENTION

POLICE APPLICANTS

The San Antonio Police Department Recruiting Detail will be starting Physical Training sessions for your anticipated Fitness Test.

Training will start on Monday August 20th , 2007 at 0645hrs (6:45am)

Located at the San Antonio Police Academy.

For a list of locations and type of programs to be offered please contact Recruiting at (210) 207-6270 or email recruiting@sanantonio.gov

YOU MUST **R.S.V.P** to attend training

Training will be conducted on Mon/Wed/Fri at 0645 and Tues/Thurs at 1700. Classes will focus on RUNNING, PUSH-UPS, and SIT-UPS.

We will also provide training for Nutrition and proper training programs.

We only allow training for **25 applicants** per session

Don't forget to R.S.V.P. to attend